



SEYON LODGE STATE PARK

Groton

NOTE: Parking is limited at this location. Please carpool!

First Day Bike **Helmets Required!**

10:00 AM Fat bike demos for all abilities. Short and easy loop. Ride sign-ups.

11:00 AM **Bring your own fat bike!**

Guided rides depart. Beginner: 45 minutes; Intermediate: 90 minutes. Easy to moderate terrain.

Snowshoe Hike

11:00 AM **Bring your own snowshoes!**

Guided snowshoe hike departs. 1 hour, easy hike around the pond.

12:00 PM / 12:30 PM Hot cocoa and waffles.

JOIN VERMONT STATE PARKS FOR A FIRST DAY BIKE AND HIKE

Jump-start your new year with a

FREE GUIDED BIKE AND HIKE on JANUARY 1, 2018

with Sarah Galbraith from the Riders in Plainfield-Marshfield group, Darren Ohl from the Vermont Bicycle Shop, and Greg Western from the Cross Vermont Trail Association!

Dress for the weather! Bring drinks and snacks! Updated event information will be available on December 31, 2017 and January 1, 2018. Call **(802) 249-1230** for details!



Full list of hike details with times and meeting points available at: <http://bit.ly/VTFirstDayHikes2018>