

| go | for | on | type | srfc | at mile | map |
|----|------|--|-------|--------|---------|-----|
| S | 0.33 | Rte 302; <i>head west; this is east end of Cross Vt Trail statewide route at Connecticut River, Rte 302 bridge to NH, Village of Wells River</i> | road | paved | 0.00 | 1 |
| | • | Tourist Information Center; parking | | | 0.29 | 1 |
| R | 0.11 | Rte 302/5 | | | 0.33 | 1 |
| L | 1.77 | Rte 302 | | | 0.44 | 1 |
| | • | Wells River Wildlife Area; river access, picnic, parking. | | | 1.86 | 1 |
| R | 1.81 | <i>Cross Vt Trail on old railbed</i> | trail | gravel | 2.21 | 1 |
| | • | gate; parking (limited) | | | 2.24 | 1 |
| | • | pass east jct Blue Mt Nature Trail (loop). | | | 2.44 | 1 |
| | • | pass west jct Blue Mt Nature Trail (loop) on north side and jct trail to Blue Mt Union School south | | | 2.5 | 1 |
| | • | underpass beneath I-91 | | | 3.12 | 1 |
| | • | pass east jct Boltonville Nature Trail (loop) | | | 3.27 | 1 |
| | • | pass west jct Boltonville Nature Trail (loop) | | | 3.86 | 1 |
| | • | gate; parking | | | 3.99 | 1 |
| R | 1.55 | Rte 302 (<i>Boltonville Trailhead</i>) | road | paved | 4.02 | 2 |
| | • | Newbury/Ryegate town line | | | 5.22 | 2 |
| R | 1.35 | Creamery Rd | | | 5.57 | 2 |
| L | 0.10 | Church St | | | 6.92 | 2 |
| R | 0.42 | Rte 302 | | | 7.02 | 2 |
| | • | pass Mills Memorial Field; parking, baseball | | | 7.23 | 2 |
| L | 0.33 | Brown Dr | | | 7.44 | 2 |
| R | 1.10 | Brown Dr <i>pass Barr Dr</i> | | | 7.77 | 2 |
| S | 0.07 | Pine Mt Wildlife Area parking lot and trailhead <i>pass farm buildings on north side, pass trail to wildlife area on south</i> | trail | gravel | 8.87 | 2 |
| S | 1.24 | <i>Cross Vt Trail on old railbed</i> | | | 8.94 | 2 |

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| S | 0.35 | Little Italy Rd | road | paved | 10.18 | 2 |
| L | 0.02 | Powder Spring Rd <i>Groton Village center 0.16 mi north, parking</i> | | | 10.53 | 2 |
| R | 1.40 | Cross Vt Trail <i>on old railbed</i> | trail | gravel | 10.55 | 2 |
| R | 0.10 | Coal Kiln Rd | road | paved | 11.95 | 2 |
| L | 0.34 | Rte 302 | | | 12.05 | 2 |
| | • | pass Upper Valley Grill; parking | | | 12.25 | 2 |
| | • | pass Rte 232 | | 12.37 | 2 | |
| R | 0.02 | Wilson Dr | trail | gravel | 12.39 | 3 |
| R | 1.54 | Cross Vt Trail <i>on old railbed</i> | | | 12.41 | 3 |
| | • | pass jct with snowmobile trail | | | 12.51 | 3 |
| L | 0.03 | Rte 232 | road | paved | 13.95 | 3 |
| R | 6.50 | Cross Vt Trail <i>on old railbed</i> | trail | gravel | 13.98 | 3 |
| | • | pass residence; trail shares driveway. | | | 13.99 | 3 |
| | • | pass jct with snowmobile trail | | | 14.01 | 3 |
| | • | Groton State Forest information kiosk; parking | | | 14.05 | 3 |
| | • | Ricker Pond; headwaters of North Branch Wells River | | | 14.07 | 3 |
| | • | pass boundary of Ricker Pond State Park campground | | | 14.28 | 3 |
| | • | pass entrance station to campground; continue straight on Cross Vt Trail (railbed) | | | 14.96 | 3 |
| | • | pass Cross Cut Trail on south side; four season multi use trail; connects to Depot Brook Trail | | | 15.31 | 3 |
| | • | cross Lakeside Dr | | | 15.45 | 3 |
| | • | pass Beaver Brook trail on south side; four season multi use trail; connects to Silver Ledge Trail | | | 15.79 | 3 |
| | • | cross West Shore Dr | | | 16.05 | 3 |
| | • | pass spur trail on left, climbs steeply 0.16 mi to scenic overlook, and trailhead parking area on Rte 232 | | | 17.2 | 3 |
| | • | cross Boulder Beach Rd | | | 17.68 | 3 |
| | • | pass spur trail on south, 400 ft. to parking at Kettle Pond | | | 18.53 | 3 |

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| | • | bridge over Stillwater Brook | trail | | 18.54 | 3 |
| | • | Groton/Peacham town line | | | 19.39 | 3 |
| | • | cross Rte 232; Winooski Rlver Watershed to west, Wells River Watershed to east | | | 19.6 | 3 |
| | • | Peacham/Marshfield town line | | | 20.3 | 3 |
| S | 2.39 | Railroad Bed East Rd <i>on old railbed; pass Lanesboro Rd which leads 0.33 mi north to Rail Trail Connector Trail, another 0.9 mi to parking at Rte 232</i> | road | gravel | 20.48 | 3 |
| | • | pass Marshfield Pond | | | 22.46 | 3 |
| L | 1.12 | Railroad Bed East Rd; <i>pass Bailey Pond Rd on north side; parking (limited)</i> | | | 22.87 | 3 |
| R | 0.01 | Bemis Farm Rd | | | 23.99 | 3 |
| L | 0.88 | Lower Depot Rd | | | 24.00 | 3 |
| S | 0.25 | School St | | | 24.88 | 3 |
| | • | Marshfield Town Offices; parking, library, playground | | | 25 | 3 |
| L | 6.96 | Rte 2 | | | 25.13 | 4 |
| | • | pass Nasmith Brook Road and Twinfield Union H.S. | | | 29.87 | 4 |
| | • | Plainfield/Marshfield town line | | | 31.9 | 4 |
| S | 1.36 | Rte 2 <i>pass Main St, Plainfield Village, 0.25 mi south to public parking</i> | | | 32.09 | 5 |
| L | 0.58 | Country Club Rd | | | 33.45 | 5 |
| R | 0.21 | Cross Vt Trail <i>on old railbed; shared with residential drive</i> | | | trail | gravel |
| S | 1.92 | Cross Vt Trail <i>on old railbed</i> | 34.24 | 5 | | |
| | • | Plainfield/East Montpelier town line | 34.47 | 5 | | |
| | • | pass jct snowmobile trail. | 34.79 | 5 | | |

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|----|------|---|-------|-------|---------|-----|-------|---|
| R | 0.82 | Rte 14 <i>trailhead, parking</i> | road | paved | 36.16 | 6 | | |
| L | 5.44 | Rte 2 | | | 36.98 | 6 | | |
| | • | East Montpelier/Barre Town town line | | | 39.84 | 6 | | |
| | • | Barre Town/Berlin town line | | | 39.93 | 6 | | |
| | • | Berlin/Montpelier town line | | | 41.35 | 6 | | |
| | • | pass Gallison Hill Road and U-32 H.S. | | | 41.47 | 6 | | |
| | • | roundabout at jct with Rte 302 | | | 41.87 | 6 | | |
| R | 0.64 | Pioneer St | | | 42.42 | 6 | | |
| | • | name change Pioneer St to Barre St | | | 42.52 | 6 | | |
| L | 0.04 | Granite St | | | 43.06 | 6 | | |
| R | 0.42 | Montpelier Bike Path along Stonecutters Way | trail | | 43.10 | 6 | | |
| R | 0.03 | Montpelier Bike Path across railroad tracks | | | 43.52 | 6 | | |
| L | 0.15 | Barre St | road | paved | 43.55 | 6 | | |
| R | 0.11 | Main St | | | 43.70 | 6 | | |
| L | 0.22 | State St | | | 43.81 | 6 | | |
| L | 0.08 | Taylor St | | | 44.03 | 6 | | |
| R | 0.29 | Montpelier Bike Path along Winooski River | trail | | 44.11 | 6 | | |
| R | 0.08 | Bailey Ave | road | paved | 44.40 | 6 | | |
| L | 1.01 | Rte 2 | | | 44.48 | 6 | | |
| S | 0.07 | Rte 2 <i>Gateway Park; Winooski River access; parking</i> | | | 45.49 | 7 | | |
| L | 0.90 | Graves St | | | 45.56 | 7 | | |
| | • | Montpelier/Middlesex town line; name change Graves St to Three Mile Bridge Rd | | | 45.75 | 7 | | |
| | • | historic steel arch truss bridge over Winooski River; Middlesex/ Berlin town line | | | 46.43 | 7 | | |
| R | 3.43 | 3 Mile Bridge Rd <i>pass Junction Rd</i> | | | gravel | | 46.46 | 7 |
| | • | Moretown/Berlin town line; name change Three Mile Bridge Rd to River Rd | | | | | 47.06 | 7 |

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| | • | Road surface changes to paved | road | paved | 49.39 | 7 |
| L | 1.26 | Rte 100B | | | 49.89 | 7 |
| | • | pass Winooski River access; parking | | | 49.92 | 7 |
| R | 0.09 | Lovers Lane (TH 9) | | gravel | 51.15 | 7 |
| | • | cross Mad River on bike/ped bridge | | | 51.23 | 7 |
| R | 0.83 | Lovers Lane (TH 9) | | | 51.24 | 7 |
| L | 3.26 | Rte 2 | | paved | 52.07 | 8 |
| | • | pass public picnic area on banks of Winooski River; parking | | | 53.85 | 8 |
| S | 0.49 | Rte 2/100 <i>pass jct with Rte 100</i> | | | 55.33 | 8 |
| | • | highway bridge over Winooski River; Waterbury/Moretown town line | | | 55.42 | 8 |
| L | 0.04 | Outer Loop Rd <i>entrance to Vt State Office complex</i> | 55.82 | | 8 | |
| L | 0.10 | immediate left into parking lot and go around to back of buildings | 55.86 | | 8 | |
| R | 0.49 | Cross Vt Trail <i>on grassy path</i> | trail | dirt | 55.96 | 8 |
| S | 0.49 | Cross Vt Trail <i>around farm field</i> | | | 56.45 | 8 |
| L | 0.08 | Cross Vt Trail <i>on cemetery drive</i> | | | 56.94 | 8 |
| L | 0.12 | Winooski St | road | paved | 57.02 | 8 |
| | • | pass municipal recreation fields, parking; historic steel arch truss bridge over Winooski River; Duxbury/Waterbury town line; | | | 57.11 | 8 |
| R | 10.08 | River Rd | | 57.14 | 9 | |
| | • | road surface changes to gravel | | gravel | 58.92 | 9 |
| | • | DeForge Hydroelectric Station Recreation Area; parking, picnic, view of river | | | 60.18 | 9 |
| | • | pass Camels Hump Road | | | 61.07 | 9 |
| | • | road surface changes to paved | | paved | 63.06 | 9 |
| | • | Bolton/Duxbury town line; name of road changes from River Road to Duxbury Road | | | 63.21 | 9 |
| | • | pass Long Trail trailhead | | | 63.92 | 9 |
| | • | pass Honeyhollow trailhead | | | 65.03 | 9 |

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| | • | Richmond/Bolton town line | road | paved | 67.02 | 9 |
| L | 3.60 | Cochran Rd | | | 67.22 | 9 |
| | • | pass east jct Rivershore Trail (loop) | | | 68.15 | 9 |
| | • | pass west jct Rivershore Trail (loop) | | | 70.4 | 9 |
| S | 0.53 | pass jct with Bridge Street, <i>0.25 mi north to Volunteer Green, parking ; name change Cochran Rd to Huntington Rd</i> | | | 70.82 | 10 |
| R | 0.05 | Cross Vt Trail <i>Johnnie Brook Rd Trail (class IV rd); shared with farm access road</i> | trail | dirt | 71.35 | 10 |
| L | 0.16 | Cross Vt Trail <i>narrow path; farm rd to right not open to public</i> | | | 71.40 | 10 |
| | • | boardwalk | | | 71.54 | 10 |
| L | 0.54 | resume shared route with farm road | | | 71.56 | 10 |
| | • | bridge over Johnnie Brook | | | 71.85 | 10 |
| S | 1.35 | Johnnie Brook Rd <i>maintained as residential street</i> | road | gravel | 72.10 | 10 |
| L | 1.27 | Rte 2 | | | 73.45 | 10 |
| | • | Williston/Richmond town line | | | 74.22 | 10 |
| R | 2.73 | Governor Chittenden Rd | | | 74.72 | 10 |
| | • | Governor Chittenden Road bends sharply; pass farm buildings; east end of area area not plowed in winter (snowmobile trail) | | | 75.82 | 10 |
| | • | West end Governor Chittenden Road not plowed in winter (snowmobile trail) | | | 76.47 | 10 |
| | • | pass entrance to Catamount Family Center trail network | | | 76.86 | 10 |
| | • | road surface changes to paved | | | 77.35 | 10 |
| L | 0.99 | Williston Bike Path along North Williston Rd | | | 77.45 | 10 |
| R | 0.98 | Williston Bike Path in park behind Central School; <i>parking at Williston Federated Church</i> | | | trail | paved |

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| | • | junction east end loop spur to Williston Central School; parking behind school | trail | paved | 78.72 | 11 |
| | • | junction with Allen Brook Nature Trail (side trail) | | | 78.82 | 11 |
| | • | junction west end loop spur to Williston Central School | | | 79.02 | 11 |
| L | 0.04 | Williston Bike Path along Stage Rd | road | | 79.42 | 11 |
| R | 0.22 | Lawnridge Rd | | | 79.46 | 11 |
| R | 0.15 | Southridge Rd | | | 79.68 | 11 |
| R | 0.15 | Harte Circle | | | 79.83 | 11 |
| R | 0.26 | Metcalf Dr | | | 79.98 | 11 |
| R | 0.04 | Williston Bike Path along Coyote Lane | trail | | 80.24 | 11 |
| L | 0.51 | Williston Bike Path in park behind Allen Brook School | | | 80.28 | 11 |
| S | 0.11 | forward through playground to front of school building | | | 80.79 | 11 |
| S | 0.09 | Williston Bike Path continues past school | | | 80.90 | 11 |
| R | 0.18 | Talcott Rd | road | | 80.99 | 11 |
| S | 0.30 | Williston Bike Path along Talcott Rd | trail | | 81.17 | 11 |
| R | 0.11 | Williston Bike Path along Rte 2 | | | 81.47 | 11 |
| S | 0.49 | Cross Rte 2 at light; forward on path | | | 81.58 | 11 |
| | • | path forks and goes around pond, begins to follow Rte 2A | | | 81.72 | 11 |
| R | 0.94 | Cross Rte 2A at light, follow Williston Bike Path along Marshall Ave | road | 82.07 | 12 | |
| S | 1.87 | Marshall Ave <i>ride with traffic</i> | | 83.01 | 12 | |
| | • | South Burlington/Williston town line at Muddy Brook Road; name change Marshall Ave to Kimball Ave | | 83.83 | 12 | |
| L | 1.44 | South Burlington Bike Path along Kennedy Drive | trail | 84.88 | 12 | |

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| L | 0.67 | South Burlington Bike Path along Dorset St <i>pass South Burlington H.S.</i> | trail | paved | 86.32 | 12 |
| R | 1.12 | South Burlington Bike Path along Swift St <i>pass Dorset Park, parking, walking trails, playing fields</i> | | | 86.99 | 12 |
| | • | cross Spear St | | | 87.61 | 12 |
| R | 0.50 | Bike Path <i>hard right towards Farrell Park</i> | | | 88.11 | 12 |
| L | 0.17 | South Burlington Bike Path through Farrell Park <i>pass parking; jungle gym</i> | | | 88.61 | 12 |
| S | 0.19 | Lindenwood Dr | road | | 88.78 | 12 |
| R | 0.01 | sidewalk along Rte 7 | trail | | 88.97 | 12 |
| L | 0.08 | cross Rte 7 at light and follow bike path | | | 88.98 | 12 |
| S | 0.25 | Queen City Park Rd | road | | 89.06 | 12 |
| | • | Burlington/South Burlington city line at Potash Brook | | | 89.25 | 12 |
| R | 0.40 | Champlain Parkway Path | trail | | 89.31 | 12 |
| L | 0.50 | Austin Dr | road | | 89.71 | 12 |
| R | 0.14 | Burlington Bike Path <i>south end of Oakledge Park</i> | trail | | 90.21 | 12 |
| L | 0.08 | Skirt south edge of parking lot, follow path downhill to left. | | | 90.35 | 12 |
| R | 0.39 | Pass jct spur to lakeshore, take hard right and go uphill. | | | 90.43 | 12 |
| | • | <i>west end of Cross Vt Trail statewide route; City of Burlington, Oakledge Park, Lake Champlain, Blanchard Beach and Earth Clock</i> | | 90.82 | 12 | |

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